

AUTHENTIC LEADERSHIP TALK

Human-centred leadership training
Award-winning | Effective | Empowering



Ever felt like your message is getting lost? 😞

Your voice matters! Learn how to make it heard.

When I was a boy and teenager, I had a knack for building relationships and was good at talking with others, connecting people, and creating a sense of ease in conversations. The same was true in my early career days. But the first time I had to present to a group of executives, I was suddenly very nervous. My voice was trembling, palms sweaty, and my thoughts raced faster than my words could follow. Despite having the knowledge, I felt that the message I wanted to convey got lost.

What I realised that day is this: *Presentation is not about impressing, it's about connecting.* In reality, all I had to do to make this a successful presentation, was to go back to the basics of connecting with those in the room.

*"They may forget what you said, but they will never forget
how you made them feel."*

Carl W. Buehner

Over time, I learnt that powerful presenters aren't born - they're built. They build themselves through practice, self-belief, clarity of thought, and - most importantly - the *desire to serve* their audience. And this applies not just on stage, but in everyday conversations, meetings, and moments of influence.

If you've ever doubted the value of your voice or felt that your message gets lost - keep reading!

In this *Leadership Talk*, I'm sharing an article on presentation and facilitation skills, a freebie with the top 50 skills that can assist to get your voice heard in everyday situations, free upcoming professional development opportunities, a quick win strategy to overcome nerves, and a Mother's Day happy snap!

Keep scrolling!
Martin




 On this topic: LEADERSHIP ARTICLE



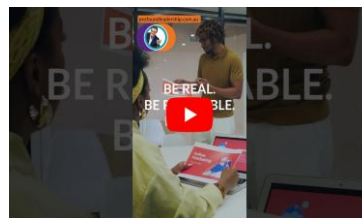
Top presentation and facilitation skills

Discover the key strategies that help great leaders and speakers stand out. From mindset to messaging, learn how to confidently communicate your message and truly *be heard* - whether you're having a conversation, leading a team, running a meeting, or delivering a keynote.

[Discover more in the full article here →](#)

 On this topic: YOUTUBE SHORTS

Prefer to watch a short? Here are the links to the 3 article key points and tips:

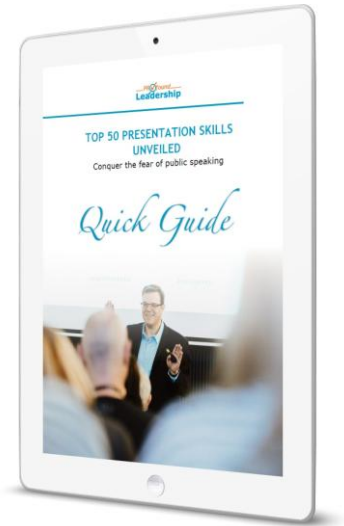


 Freebie of the month: TOP 50 PRESENTATION SKILLS PDF

Ready to boost your confidence and impact every time you speak?

Download our powerful PDF guide, packed with practical tips you can apply immediately.

- Tips to reduce nerves and increase presence
- Ways to build trust through body language and voice
- Strategies to command the room without overpowering
- Techniques to keep your audience engaged and responsive



 [Download the FREE guide here](#)

Quick win: THE POWER PAUSE

Feeling nervous before speaking? Try this powerful approach:



 On this topic: BOOK RECOMMENDATION

***Feel the Fear and Do It Anyway* by Susan Jeffers**

This timeless classic is a must-read for anyone looking to overcome anxiety and self-doubt - especially when it comes to public speaking. Susan Jeffers provides practical tools and mindset shifts to help you face fear head-on and grow through it. Her empowering message is simple: you don't have to wait for confidence to act - confidence grows *because* you act.

[Get it on Amazon →](#)


 **Growth opportunity: UPCOMING TRAINING**


 **Topic: Coaching and mentoring for growth**

 Wednesday, 28 May 2025 | 9am-12pm

 Online: Zoom


PS: This session is facilitated on behalf of the Apprenticeship Employment Network (AEN)

 What to expect: In this engaging workshop, I will equip you with the essential tools and strategies to confidently coach, mentor, and guide others toward long-term success.


 **Cost:** FREE for AEN members, but you must sign up to receive the details.


[Secure your spot now →](#)

 **Topic: From power plays to powerful partnerships**

 Thursday, 11 June 2025 | 7pm-9pm

 Online: Zoom

 What to expect: This interactive online experience will empower leaders to move from fear-based reactions to values-based collaboration by exploring five distinct conflict styles through the lens of concern for self and consideration for others.

 **Cost:** FREE, but you must sign up to receive the details.

[Secure your spot now →](#)

**** Don't have a MeetUp Account? ****

In order to receive details for this session, you must have a Meetup account and join our group "Leadership, Personal Development and Business Networking".

-> It will take you 30 seconds... Click on the ticket link, click on "Request to join", sign up, and voila!

 **eBook: 'PRESENT LIKE A PRO'**



This 24-page downloadable resource will have you **presenting like a Pro in no time**. Whether you are an experienced presenter, or just starting out, our ebook will boost your presentation skills by covering the following topics:

- Overcome your fear of public speaking
- Connect and engage with the audience
- Tell the story with profound impact
- Deliver a powerful message without notes
- Influence with passion and confidence

[Download for \\$4.99 →](#)

👁️ Behind the scenes: MOTHER'S DAY AT HQ

A little snapshot from our family to yours!

Here's a pic of Gerda - our brilliant co-founder and Chief Efficiency Officer - enjoying Mother's Day with the kids. Because behind every strong leader is someone who knows how to juggle it all with grace (and a big smile). 😊

Happy Mother's Day to all the amazing women out there nurturing homes, teams, and dreams.



Got any questions, suggestions, or a topic you'd love us to cover next month? Simply get in touch with us via email or reach out on social media. We are on your support team!

Looking forward to another month of learning and growing together!

Dare to make a difference!



Martin Probst

CEO - Chief Education Officer

[0421 936 313](tel:0421936313)

martin@profoundleadership.com.au



Gerda Probst

CEO - Chief Efficiency Officer

[0439 936 313](tel:0439936313)

gerda@profoundleadership.com.au